

Resultater – VTR Corselitze 02-02-25

2025-02-02

Grøn D -12		(1 / 1)		Tid	Efter	Tidstab	
1.	Amanda Kristiansen	Holbæk OK		39:13		00:00	
	1:37 (1:37)	2:25 (4:02)	4:36 (8:38)		3:19 (11:57)	2:37 (14:34)	4:33 (19:07)
	4:06 (23:13)	3:34 (26:47)	6:04 (32:51)		1:38 (34:29)	1:57 (36:26)	1:38 (38:04)
	1:09 (39:13)						
Grøn H -12		(2 / 2)		Tid	Efter	Tidstab	
1.	Malte Bahm-Dienstrup	Holbæk OK		25:23		00:00	
	0:46 (0:46)	1:14 (2:00)	2:41 (4:41)		2:05 (6:46)	1:42 (8:28)	2:47 (11:15)
	4:23 (15:38)	1:52 (17:30)	3:23 (20:53)		0:52 (21:45)	1:51 (23:36)	1:06 (24:42)
	0:41 (25:23)						
2.	Codu Kristiansen	Holbæk OK		39:01	+13:38	06:08	
	1:35 (1:35)	2:04 (3:39)	4:58 (8:37)		2:59 (11:36)	2:40 (14:16)	4:17 (18:33)
	4:34 (23:07)	2:57 (26:04)	6:37 (32:41)		1:46 (34:27)	1:48 (36:15)	1:42 (37:57)
	1:04 (39:01)						
Grøn H 12+		(1 / 1)		Tid	Efter	Tidstab	
1.	Helgard Olsen	Amok		56:18		00:00	
	2:58 (2:58)	2:25 (5:23)	5:57 (11:20)		4:35 (15:55)	3:55 (19:50)	6:04 (25:54)
	6:24 (32:18)	5:05 (37:23)	7:57 (45:20)		2:22 (47:42)	3:57 (51:39)	2:39 (54:18)
	2:00 (56:18)						
Hvid D 12+		(3 / 3)		Tid	Efter	Tidstab	
1.	Ruth Mosbæk	Holbæk OK		59:51		13:32	
	1:07 (1:07)	1:28 (2:35)	2:14 (4:49)		3:42 (8:31)	2:44 (11:15)	4:39 (15:54)
	4:22 (20:16)	22:20 (42:36)	7:54 (50:30)		3:25 (53:55)	1:15 (55:10)	2:22 (57:32)
	1:15 (58:47)	1:04 (59:51)					
2.	Lena Hansen	Herlufsholm OK		1:06:35	+6:44	08:25	
	1:38 (1:38)	2:08 (3:46)	3:38 (7:24)		5:35 (12:59)	4:05 (17:04)	7:07 (24:11)
	5:20 (29:31)	8:20 (37:51)	15:16 (53:07)		4:54 (58:01)	2:29 (1:00:30)	2:30 (1:03:00)
	1:50 (1:04:50)	1:45 (1:06:35)					
3.	Anni Lauritzen	Holbæk OK		1:11:38	+11:47	07:57	
	1:45 (1:45)	2:26 (4:11)	3:25 (7:36)		6:05 (13:41)	4:43 (18:24)	10:19 (28:43)
	6:28 (35:11)	8:47 (43:58)	11:13 (55:11)		5:12 (1:00:23)	1:54 (1:02:17)	5:48 (1:08:05)
	1:46 (1:09:51)	1:47 (1:11:38)					
Hvid H 12+		(2 / 2)		Tid	Efter	Tidstab	
1.	Niels-Henrik Holscher	O-63		43:33		01:18	
	0:57 (0:57)	1:14 (2:11)	2:21 (4:32)		4:01 (8:33)	2:48 (11:21)	4:55 (16:16)
	4:28 (20:44)	6:29 (27:13)	8:02 (35:15)		3:25 (38:40)	1:01 (39:41)	1:44 (41:25)
	1:09 (42:34)	0:59 (43:33)					
2.	Christian Mortensen	O-63		1:19:19	+35:46	35:13	
	0:50 (0:50)	1:26 (2:16)	1:58 (4:14)		3:41 (7:55)	2:18 (10:13)	4:01 (14:14)
	37:55 (52:09)	6:44 (58:53)	7:57 (1:06:50)		4:51 (1:11:41)	1:38 (1:13:19)	3:28 (1:16:47)
	1:34 (1:18:21)	0:58 (1:19:19)					
Gul H 16+		(2 / 2)		Tid	Efter	Tidstab	
1.	Christian Hansen	Holbæk OK		52:26		00:00	
	1:53 (1:53)	2:35 (4:28)	3:11 (7:39)		5:11 (12:50)	3:02 (15:52)	5:39 (21:31)
	6:31 (28:02)	9:30 (37:32)	4:45 (42:17)		4:53 (47:10)	1:25 (48:35)	1:14 (49:49)
	1:45 (51:34)	0:52 (52:26)					
2.	Poul Stahlschmidt	Herlufsholm OK		1:19:57	+27:31	14:00	
	2:50 (2:50)	3:53 (6:43)	6:31 (13:14)		11:41 (24:55)	4:57 (29:52)	7:16 (37:08)
	9:19 (46:27)	9:39 (56:06)	10:03 (1:06:09)		5:27 (1:11:36)	2:32 (1:14:08)	2:41 (1:16:49)
	2:12 (1:19:01)	0:56 (1:19:57)					
Mini D -70		(5 / 5)		Tid	Efter	Tidstab	
1.	Amalie Snedker Mosbæk	Holbæk OK		48:56		01:52	
	1:19 (1:19)	2:11 (3:30)	4:09 (7:39)		4:56 (12:35)	5:49 (18:24)	3:13 (21:37)
	4:58 (26:35)	3:29 (30:04)	8:27 (38:31)		4:28 (42:59)	2:43 (45:42)	2:12 (47:54)
	1:02 (48:56)						
2.	Berit Ahlmann	OK Sorø		53:24	+4:28	02:06	
	2:00 (2:00)	2:46 (4:46)	3:52 (8:38)		3:53 (12:31)	5:30 (18:01)	3:59 (22:00)
	5:52 (27:52)	3:40 (31:32)	8:57 (40:29)		4:57 (45:26)	3:23 (48:49)	3:05 (51:54)
	1:30 (53:24)						
3.	Ilisabe Børsting	Herlufsholm OK		1:01:52	+12:56	12:11	
	3:25 (3:25)	6:01 (9:26)	4:19 (13:45)		4:11 (17:56)	9:04 (27:00)	4:25 (31:25)
	7:39 (39:04)	4:20 (43:24)	7:18 (50:42)		4:09 (54:51)	4:17 (59:08)	1:59 (1:01:07)
	0:45 (1:01:52)						
4.	Rita Løjmand	Herlufsholm OK		1:03:47	+14:51	07:59	
	1:49 (1:49)	2:41 (4:30)	5:28 (9:58)		4:57 (14:55)	11:28 (26:23)	4:17 (30:40)
	6:04 (36:44)	3:22 (40:06)	9:04 (49:10)		4:54 (54:04)	6:04 (1:00:08)	2:39 (1:02:47)
	1:00 (1:03:47)						
5.	Marianne Dahl	OK Sorø		1:14:23	+25:27	06:38	

3:51 (3:51)	3:22 (7:13)	9:42 (16:55)	5:24 (22:19)	7:51 (30:10)	5:52 (36:02)
7:13 (43:15)	5:00 (48:15)	10:45 (59:00)	5:48 (1:04:48)	4:37 (1:09:25)	3:34 (1:12:59)
1:24 (1:14:23)					

Mini D 70+		(2 / 2)	Tid	Efter	Tidstab		
1.	Gerda Marie Christiansen	Køge OK	47:44		01:00		
	1:22 (1:22)	2:41 (4:03)	2:51 (6:54)	4:51 (11:45)	4:50 (16:35)	3:21 (19:56)	
	5:53 (25:49)	3:14 (29:03)	8:53 (37:56)	4:02 (41:58)	2:42 (44:40)	2:07 (46:47)	
	0:57 (47:44)						
2.	Ane Veierskov	OK Roskilde	56:07	+8:23	01:58		
	1:36 (1:36)	4:02 (5:38)	3:28 (9:06)	3:51 (12:57)	6:32 (19:29)	4:01 (23:30)	
	6:53 (30:23)	3:34 (33:57)	10:31 (44:28)	4:35 (49:03)	3:30 (52:33)	2:30 (55:03)	
	1:04 (56:07)						

Mini H -70		(5 / 5)	Tid	Efter	Tidstab		
1.	Morten Løjmand	Herlufsholm OK	42:36		01:20		
	1:28 (1:28)	2:04 (3:32)	3:12 (6:44)	2:55 (9:39)	4:14 (13:53)	3:14 (17:07)	
	4:33 (21:40)	2:58 (24:38)	8:48 (33:26)	4:08 (37:34)	2:21 (39:55)	1:48 (41:43)	
	0:53 (42:36)						
2.	Jan Sørensen	OK Sorø	45:16	+2:40	00:36		
	1:23 (1:23)	2:08 (3:31)	2:50 (6:21)	3:29 (9:50)	5:02 (14:52)	3:04 (17:56)	
	5:22 (23:18)	3:00 (26:18)	7:47 (34:05)	4:59 (39:04)	3:08 (42:12)	2:13 (44:25)	
	0:51 (45:16)						
3.	Anton Lauritzen	Holbæk OK	49:59	+7:23	03:18		
	1:25 (1:25)	3:05 (4:30)	3:28 (7:58)	3:13 (11:11)	7:28 (18:39)	3:44 (22:23)	
	5:14 (27:37)	3:19 (30:56)	7:46 (38:42)	4:30 (43:12)	3:16 (46:28)	2:34 (49:02)	
	0:57 (49:59)						
4.	Henrik Snedker Pedersen	Holbæk OK	51:42	+9:06	02:35		
	1:37 (1:37)	2:33 (4:10)	3:08 (7:18)	3:45 (11:03)	7:17 (18:20)	3:52 (22:12)	
	5:40 (27:52)	3:35 (31:27)	7:57 (39:24)	5:07 (44:31)	3:16 (47:47)	2:50 (50:37)	
	1:05 (51:42)						
5.	Claus Mikkelsen	Herlufsholm OK	58:55	+16:19	03:59		
	1:39 (1:39)	3:08 (4:47)	5:12 (9:59)	3:52 (13:51)	6:37 (20:28)	4:46 (25:14)	
	6:52 (32:06)	4:07 (36:13)	9:01 (45:14)	5:23 (50:37)	3:40 (54:17)	3:08 (57:25)	
	1:30 (58:55)						

Mini H 70+		(5 / 5)	Tid	Efter	Tidstab		
1.	Jørgen Jørgensen	OK Sorø	41:38		00:00		
	1:20 (1:20)	1:57 (3:17)	2:39 (5:56)	2:49 (8:45)	4:34 (13:19)	3:25 (16:44)	
	4:41 (21:25)	3:06 (24:31)	7:02 (31:33)	4:08 (35:41)	2:56 (38:37)	2:08 (40:45)	
	0:53 (41:38)						
2.	Johnny Hansen Boonserm	Holbæk OK	44:57	+3:19	01:57		
	2:49 (2:49)	1:55 (4:44)	3:20 (8:04)	2:49 (10:53)	4:38 (15:31)	3:19 (18:50)	
	6:04 (24:54)	2:57 (27:51)	7:01 (34:52)	3:51 (38:43)	3:04 (41:47)	2:12 (43:59)	
	0:58 (44:57)						
3.	Lars Olsen	OK Roskilde	59:03	+17:25	03:58		
	1:49 (1:49)	3:29 (5:18)	3:46 (9:04)	4:32 (13:36)	6:34 (20:10)	4:56 (25:06)	
	6:27 (31:33)	4:16 (35:49)	9:59 (45:48)	5:14 (51:02)	3:35 (54:37)	3:07 (57:44)	
	1:19 (59:03)						
4.	Hans Ole Jensen	OK Sorø	1:13:22	+31:44	06:55		
	2:43 (2:43)	3:27 (6:10)	9:41 (15:51)	5:31 (21:22)	7:46 (29:08)	5:49 (34:57)	
	7:13 (42:10)	5:00 (47:10)	10:40 (57:50)	5:49 (1:03:39)	4:43 (1:08:22)	3:37 (1:11:59)	
	1:23 (1:13:22)						
5.	Mogens Jensen	Holbæk OK	1:20:15	+38:37	15:59		
	2:28 (2:28)	3:25 (5:53)	12:03 (17:56)	5:28 (23:24)	6:25 (29:49)	4:46 (34:35)	
	15:44 (50:19)	5:04 (55:23)	10:19 (1:05:42)	5:41 (1:11:23)	3:54 (1:15:17)	3:37 (1:18:54)	
	1:21 (1:20:15)						

Kort D -60		(4 / 4)	Tid	Efter	Tidstab		
1.	Birgit Børsting	Herlufsholm OK	48:39		03:15		
	0:39 (0:39)	2:44 (3:23)	3:44 (7:07)	3:44 (10:51)	3:50 (14:41)	8:03 (22:44)	
	3:47 (26:31)	4:42 (31:13)	3:23 (34:36)	2:39 (37:15)	3:30 (40:45)	2:55 (43:40)	
	2:36 (46:16)	1:34 (47:50)	0:49 (48:39)				
2.	Astrid Riis	Holbæk OK	49:53	+1:14	03:34		
	0:43 (0:43)	3:27 (4:10)	2:53 (7:03)	3:36 (10:39)	3:33 (14:12)	9:11 (23:23)	
	3:23 (26:46)	5:21 (32:07)	3:41 (35:48)	2:46 (38:34)	3:26 (42:00)	3:10 (45:10)	
	2:05 (47:15)	1:44 (48:59)	0:54 (49:53)				
3.	Eva Høhne	OK Sorø	55:06	+6:27	08:57		
	0:41 (0:41)	3:03 (3:44)	2:30 (6:14)	4:35 (10:49)	4:29 (15:18)	6:33 (21:51)	
	3:01 (24:52)	4:00 (28:52)	5:10 (34:02)	4:33 (38:35)	6:47 (45:22)	4:38 (50:00)	
	2:53 (52:53)	1:27 (54:20)	0:46 (55:06)				
4.	Maja Maria Zwolinska	OK Sorø	58:11	+9:32	07:16		
	0:59 (0:59)	2:43 (3:42)	3:27 (7:09)	3:25 (10:34)	3:58 (14:32)	8:26 (22:58)	
	3:25 (26:23)	5:27 (31:50)	3:51 (35:41)	3:36 (39:17)	10:17 (49:34)	3:14 (52:48)	
	2:30 (55:18)	1:57 (57:15)	0:56 (58:11)				

Kort D 60+		(2 / 2)	Tid	Efter	Tidstab		
1.	Lotte Ravn Lei	Køge OK	59:37		00:00		
	0:52 (0:52)	3:45 (4:37)	4:06 (8:43)	5:00 (13:43)	4:08 (17:51)	8:04 (25:55)	
	4:10 (30:05)	6:21 (36:26)	4:30 (40:56)	3:46 (44:42)	4:59 (49:41)	4:18 (53:59)	
	2:49 (56:48)	1:55 (58:43)	0:54 (59:37)				

2.	Pia Kadziola	Maribo OK	1:03:59	+4:22	00:00		
	0:51 (0:51)	4:24 (5:15)	3:42 (8:57)	4:40 (13:37)	4:29 (18:06)	9:06 (27:12)	
	4:27 (31:39)	7:09 (38:48)	5:21 (44:09)	4:25 (48:34)	5:29 (54:03)	4:05 (58:08)	
	2:42 (1:00:50)	2:11 (1:03:01)	0:58 (1:03:59)				

Kort H -60		(4 / 4)	Tid	Efter	Tidstab		
1.	Jesper Munch Jespersen	OK Sorø	43:09		01:08		
	0:37 (0:37)	3:20 (3:57)	2:48 (6:45)	3:04 (9:49)	2:49 (12:38)	5:44 (18:22)	
	3:04 (21:26)	4:08 (25:34)	3:10 (28:44)	3:08 (31:52)	3:20 (35:12)	2:48 (38:00)	
	2:36 (40:36)	1:28 (42:04)	1:05 (43:09)				
2.	Claus Børsting	Herlufsholm OK	43:26	+0:17	01:05		
	0:45 (0:45)	3:11 (3:56)	2:59 (6:55)	3:42 (10:37)	2:46 (13:23)	5:56 (19:19)	
	3:11 (22:30)	4:05 (26:35)	3:21 (29:56)	2:44 (32:40)	3:20 (36:00)	2:51 (38:51)	
	2:08 (40:59)	1:28 (42:27)	0:59 (43:26)				
3.	Kristian Kærsgaard Hansen	OK Sorø	51:18	+8:09	01:52		
	0:43 (0:43)	2:38 (3:21)	3:16 (6:37)	3:49 (10:26)	3:37 (14:03)	7:29 (21:32)	
	3:41 (25:13)	5:26 (30:39)	4:19 (34:58)	3:30 (38:28)	3:47 (42:15)	3:43 (45:58)	
	2:19 (48:17)	2:01 (50:18)	1:00 (51:18)				
4.	Anders Knudsen	Herlufsholm OK	55:35	+12:26	02:17		
	0:39 (0:39)	2:40 (3:19)	3:44 (7:03)	4:11 (11:14)	3:47 (15:01)	8:21 (23:22)	
	3:56 (27:18)	5:26 (32:44)	4:19 (37:03)	3:33 (40:36)	5:36 (46:12)	3:34 (49:46)	
	2:45 (52:31)	2:06 (54:37)	0:58 (55:35)				

Kort H 60+		(13 / 13)	Tid	Efter	Tidstab		
1.	Mogens Hald Kristensen	OK Roskilde	41:56		00:00		
	0:39 (0:39)	2:27 (3:06)	2:39 (5:45)	3:04 (8:49)	2:40 (11:29)	6:02 (17:31)	
	3:13 (20:44)	3:51 (24:35)	3:10 (27:45)	3:10 (30:55)	3:34 (34:29)	2:52 (37:21)	
	2:21 (39:42)	1:29 (41:11)	0:45 (41:56)				
2.	Gunnar Grue-Sørensen	Køge OK	44:02	+2:06	01:14		
	0:40 (0:40)	3:10 (3:50)	3:06 (6:56)	3:39 (10:35)	3:13 (13:48)	6:08 (19:56)	
	2:52 (22:48)	4:23 (27:11)	3:19 (30:30)	2:36 (33:06)	3:21 (36:27)	2:53 (39:20)	
	2:15 (41:35)	1:39 (43:14)	0:48 (44:02)				
3.	Hans Henrik Juda	Køge OK	47:00	+5:04	01:26		
	0:41 (0:41)	2:45 (3:26)	3:32 (6:58)	3:13 (10:11)	3:26 (13:37)	7:06 (20:43)	
	3:05 (23:48)	4:35 (28:23)	3:16 (31:39)	3:12 (34:51)	4:40 (39:31)	2:52 (42:23)	
	2:05 (44:28)	1:44 (46:12)	0:48 (47:00)				
4.	Henrik Nielsen	Holbæk OK	47:45	+5:49	01:26		
	0:37 (0:37)	2:23 (3:00)	3:00 (6:00)	3:17 (9:17)	3:20 (12:37)	6:54 (19:31)	
	3:07 (22:38)	5:06 (27:44)	3:52 (31:36)	3:27 (35:03)	3:43 (38:46)	3:14 (42:00)	
	2:39 (44:39)	2:12 (46:51)	0:54 (47:45)				
5.	Morten Jensen	OK Roskilde	48:17	+6:21	00:31		
	0:40 (0:40)	2:39 (3:19)	3:26 (6:45)	3:33 (10:18)	3:27 (13:45)	6:57 (20:42)	
	3:13 (23:55)	4:58 (28:53)	3:43 (32:36)	3:09 (35:45)	4:22 (40:07)	3:11 (43:18)	
	2:23 (45:41)	1:47 (47:28)	0:49 (48:17)				
6.	Asger Jensen	OK Roskilde	56:07	+14:11	02:25		
	1:03 (1:03)	3:20 (4:23)	3:41 (8:04)	4:00 (12:04)	3:54 (15:58)	8:13 (24:11)	
	4:53 (29:04)	5:21 (34:25)	3:38 (38:03)	5:02 (43:05)	4:22 (47:27)	3:30 (50:57)	
	2:33 (53:30)	1:43 (55:13)	0:54 (56:07)				
7.	Frede Scheye	Herlufsholm OK	1:00:24	+18:28	06:42		
	0:49 (0:49)	4:36 (5:25)	4:29 (9:54)	3:52 (13:46)	3:20 (17:06)	9:34 (26:40)	
	3:55 (30:35)	5:24 (35:59)	5:28 (41:27)	4:43 (46:10)	5:15 (51:25)	3:22 (54:47)	
	3:12 (57:59)	1:41 (59:40)	0:44 (1:00:24)				
8.	Helmuth Hansen	Herlufsholm OK	1:00:37	+18:41	06:01		
	0:47 (0:47)	3:02 (3:49)	3:28 (7:17)	5:17 (12:34)	3:44 (16:18)	8:05 (24:23)	
	4:05 (28:28)	7:59 (36:27)	5:03 (41:30)	3:39 (45:09)	4:48 (49:57)	4:15 (54:12)	
	2:44 (56:56)	1:59 (58:55)	1:42 (1:00:37)				
9.	John Tripax	OK Roskilde	1:02:56	+21:00	03:15		
	0:54 (0:54)	3:09 (4:03)	3:55 (7:58)	3:57 (11:55)	4:37 (16:32)	9:10 (25:42)	
	4:02 (29:44)	6:55 (36:39)	5:24 (42:03)	4:22 (46:25)	6:19 (52:44)	3:50 (56:34)	
	3:16 (59:50)	2:05 (1:01:55)	1:01 (1:02:56)				
10.	Karsten Richardt	Køge OK	1:04:07	+22:11	02:26		
	0:48 (0:48)	3:44 (4:32)	4:03 (8:35)	4:27 (13:02)	4:22 (17:24)	11:22 (28:46)	
	4:14 (33:00)	6:02 (39:02)	4:40 (43:42)	4:26 (48:08)	4:50 (52:58)	4:25 (57:23)	
	3:18 (1:00:41)	2:37 (1:03:18)	0:49 (1:04:07)				
11.	Ove bech Nielsen	O-63	1:08:16	+26:20	10:28		
	0:47 (0:47)	4:33 (5:20)	5:08 (10:28)	9:02 (19:30)	3:56 (23:26)	8:20 (31:46)	
	3:40 (35:26)	6:27 (41:53)	7:56 (49:49)	4:15 (54:04)	4:52 (58:56)	4:00 (1:02:56)	
	2:25 (1:05:21)	1:54 (1:07:15)	1:01 (1:08:16)				
12.	Carsten Sønderup	PI-København	1:25:34	+43:38	19:57		
	1:02 (1:02)	3:33 (4:35)	4:03 (8:38)	6:53 (15:31)	4:17 (19:48)	11:05 (30:53)	
	4:24 (35:17)	9:54 (45:11)	8:35 (53:46)	16:15 (1:10:01)	4:29 (1:14:30)	4:39 (1:19:09)	
	3:02 (1:22:11)	2:17 (1:24:28)	1:06 (1:25:34)				
13.	Ebbe Kajberg	OK Sorø	1:34:33	+52:37	26:53		
	1:19 (1:19)	3:41 (5:00)	4:17 (9:17)	5:23 (14:40)	18:25 (33:05)	9:55 (43:00)	
	3:59 (46:59)	6:06 (53:05)	12:51 (1:05:56)	9:16 (1:15:12)	5:20 (1:20:32)	4:54 (1:25:26)	
	3:29 (1:28:55)	4:20 (1:33:15)	1:18 (1:34:33)				

Mellem D		(2 / 2)	Tid	Efter	Tidstab
1.	Jette Grimstrup	Køge OK	1:25:14		09:31

1:37 (1:37)	2:25 (4:02)	2:14 (6:16)	3:50 (10:06)	3:25 (13:31)	6:57 (20:28)
7:06 (27:34)	6:23 (33:57)	5:00 (38:57)	3:47 (42:44)	13:10 (55:54)	6:29 (1:02:23)
3:29 (1:05:52)	3:46 (1:09:38)	2:52 (1:12:30)	4:16 (1:16:46)	3:16 (1:20:02)	2:26 (1:22:28)
1:56 (1:24:24)	0:50 (1:25:14)				
Katarina Hansen	Holbæk OK		Fejlklip		
1:36 (1:36)	3:04 (4:40)	2:53 (7:33)	3:41 (11:14)	3:57 (15:11)	8:15 (23:26)
3:58 (27:24)	22:05 (49:29)	7:42 (57:11)	6:08 (1:03:19)	6:36 (1:09:55)	7:45 (1:17:40)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (1:30:47)				

Mellem H		(8 / 8)	Tid	Efter	Tidstab		
1.	Kasper Levring	OK Sorø	49:33		00:31		
	1:04 (1:04)	1:43 (2:47)		2:20 (7:11)		2:12 (9:23)	4:25 (13:48)
	2:47 (16:35)	5:12 (21:47)		2:21 (27:15)		2:25 (29:40)	3:44 (33:24)
	1:57 (35:21)	2:34 (37:55)		3:20 (43:34)		2:38 (46:12)	1:29 (47:41)
	1:16 (48:57)	0:36 (49:33)					
2.	Jan Holdensgaard Jørgensen	OK Sorø	55:09	+5:36	00:38		
	1:17 (1:17)	2:02 (3:19)		3:04 (8:41)		2:47 (11:28)	5:44 (17:12)
	3:14 (20:26)	4:57 (25:23)		2:36 (31:32)		2:24 (33:56)	3:58 (37:54)
	2:24 (40:18)	2:59 (43:17)		3:09 (48:59)		2:23 (51:22)	1:39 (53:01)
	1:23 (54:24)	0:45 (55:09)					
3.	Christian Olsen	Amok	56:28	+6:55	00:37		
	1:11 (1:11)	1:48 (2:59)		2:52 (7:50)		2:46 (10:36)	5:11 (15:47)
	3:31 (19:18)	5:08 (24:26)		3:11 (31:49)		2:36 (34:25)	4:30 (38:55)
	2:40 (41:35)	3:02 (44:37)		3:07 (50:03)		2:21 (52:24)	1:51 (54:15)
	1:38 (55:53)	0:35 (56:28)					
4.	Jakob Søndergaard Jensen	OK Roskilde	57:42	+8:09	04:22		
	1:10 (1:10)	2:29 (3:39)		2:33 (8:19)		2:29 (10:48)	5:14 (16:02)
	2:48 (18:50)	4:43 (23:33)		3:06 (30:25)		2:49 (33:14)	7:11 (40:25)
	2:11 (42:36)	2:49 (45:25)		2:50 (51:23)		2:26 (53:49)	1:50 (55:39)
	1:21 (57:00)	0:42 (57:42)					
5.	Jens Chr. Buch	Hvalsø OK	1:03:34	+14:01	00:46		
	1:24 (1:24)	2:13 (3:37)		3:17 (9:04)		3:37 (12:41)	5:56 (18:37)
	3:36 (22:13)	5:55 (28:08)		2:43 (35:24)		2:52 (38:16)	5:04 (43:20)
	2:52 (46:12)	3:26 (49:38)		3:50 (56:24)		2:47 (59:11)	1:54 (1:01:05)
	1:40 (1:02:45)	0:49 (1:03:34)					
6.	Martin Vaabengaard	OK Roskilde	1:03:42	+14:09	05:14		
	1:13 (1:13)	1:58 (3:11)		2:55 (10:14)		3:29 (13:43)	5:40 (19:23)
	3:00 (22:23)	5:44 (28:07)		3:07 (34:58)		3:59 (38:57)	6:00 (44:57)
	2:56 (47:53)	2:53 (50:46)		3:28 (56:43)		2:52 (59:35)	2:00 (1:01:35)
	1:28 (1:03:03)	0:39 (1:03:42)					
7.	Jan Thiesen	Holbæk OK	1:07:09	+17:36	01:35		
	1:16 (1:16)	2:40 (3:56)		4:01 (10:37)		3:08 (13:45)	6:24 (20:09)
	3:51 (24:00)	5:54 (29:54)		3:08 (37:47)		3:11 (40:58)	5:24 (46:22)
	2:44 (49:06)	3:59 (53:05)		3:20 (59:06)		3:00 (1:02:06)	2:40 (1:04:46)
	1:31 (1:06:17)	0:52 (1:07:09)					
8.	Jesper Børsting	Herlufsholm OK	1:10:17	+20:44	03:15		
	1:45 (1:45)	2:31 (4:16)		5:33 (13:03)		3:54 (16:57)	6:37 (23:34)
	3:55 (27:29)	5:47 (33:16)		3:24 (41:28)		3:16 (44:44)	4:48 (49:32)
	2:58 (52:30)	3:37 (56:07)		3:25 (1:02:48)		2:59 (1:05:47)	2:01 (1:07:48)
	1:40 (1:09:28)	0:49 (1:10:17)					

Lang H		(9 / 9)	Tid	Efter	Tidstab		
1.	Asger Reinholdt Christensen	Holbæk OK	1:05:48		00:43		
	2:22 (2:22)	2:04 (4:26)		2:08 (10:49)		4:30 (15:19)	6:39 (21:58)
	2:20 (24:18)	4:02 (28:20)		3:12 (36:36)		2:20 (38:56)	2:15 (41:11)
	3:40 (44:51)	4:56 (49:47)		3:43 (55:13)		1:55 (57:08)	3:16 (1:00:24)
	2:12 (1:02:36)	1:25 (1:04:01)		0:35 (1:05:48)			
2.	Janus Storland Høhne	OK Sorø	1:07:42	+1:54	03:29		
	2:33 (2:33)	1:19 (3:52)		2:07 (10:38)		4:56 (15:34)	8:37 (24:11)
	3:59 (28:10)	3:48 (31:58)		3:22 (39:42)		2:12 (41:54)	2:05 (43:59)
	4:04 (48:03)	4:05 (52:08)		3:25 (57:11)		1:54 (59:05)	3:09 (1:02:14)
	2:11 (1:04:25)	1:28 (1:05:53)		0:39 (1:07:42)			
3.	Kåre Sørensen	OK Sorø	1:09:55	+4:07	00:50		
	2:03 (2:03)	1:26 (3:29)		2:47 (10:47)		4:58 (15:45)	6:56 (22:41)
	2:15 (24:56)	3:51 (28:47)		3:28 (37:39)		2:21 (40:00)	2:47 (42:47)
	4:05 (46:52)	4:43 (51:35)		4:05 (57:30)		2:50 (1:00:20)	3:02 (1:03:22)
	2:34 (1:05:56)	1:40 (1:07:36)		0:47 (1:09:55)			
4.	Mads Vindegaard	Herlufsholm OK	1:12:38	+6:50	00:00		
	2:02 (2:02)	1:58 (4:00)		2:32 (12:01)		5:13 (17:14)	7:37 (24:51)
	2:30 (27:21)	3:23 (30:44)		3:46 (39:23)		2:47 (42:10)	2:45 (44:55)
	4:33 (49:28)	4:58 (54:26)		4:01 (1:00:22)		2:28 (1:02:50)	3:12 (1:06:02)
	2:28 (1:08:30)	1:58 (1:10:28)		0:41 (1:12:38)			
5.	Søren Juhlin	OK Roskilde	1:20:50	+15:02	04:12		
	2:31 (2:31)	1:28 (3:59)		2:21 (11:16)		5:41 (16:57)	8:00 (24:57)
	2:59 (27:56)	4:08 (32:04)		5:05 (42:54)		2:48 (45:42)	3:27 (49:09)
	6:50 (55:59)	5:06 (1:01:05)		4:15 (1:07:17)		2:25 (1:09:42)	4:07 (1:13:49)
	2:55 (1:16:44)	1:54 (1:18:38)		0:45 (1:20:50)			
6.	Svend Christiansen	PI-København	1:21:18	+15:30	01:42		
	2:23 (2:23)	1:55 (4:18)		3:10 (12:27)		5:44 (18:11)	8:28 (26:39)
	3:16 (29:55)	4:10 (34:05)		4:43 (44:31)		3:00 (47:31)	4:20 (51:51)
	4:38 (56:29)	5:25 (1:01:54)		4:36 (1:08:34)		2:38 (1:11:12)	3:20 (1:14:32)
	2:37 (1:17:09)	1:53 (1:19:02)		0:45 (1:21:18)			

7.	Peter Karberg	Herlufsholm OK	1:27:21	+21:33	07:31		
	2:45 (2:45)	1:44 (4:29)	10:17 (14:46)	2:39 (17:25)		5:41 (23:06)	9:51 (32:57)
	3:30 (36:27)	4:59 (41:26)	7:04 (48:30)	3:54 (52:24)		3:04 (55:28)	3:00 (58:28)
	4:44 (1:03:12)	5:40 (1:08:52)	1:57 (1:10:49)	4:07 (1:14:56)		2:31 (1:17:27)	3:15 (1:20:42)
	2:39 (1:23:21)	1:50 (1:25:11)	1:27 (1:26:38)	0:43 (1:27:21)			
8.	Søren Holm Mikkelsen	FIF Hillerød	1:33:25	+27:37	02:21		
	2:39 (2:39)	1:58 (4:37)	5:25 (10:02)	3:26 (13:28)		6:29 (19:57)	9:58 (29:55)
	3:12 (33:07)	4:54 (38:01)	6:33 (44:34)	4:45 (49:19)		4:19 (53:38)	3:20 (56:58)
	5:38 (1:02:36)	6:19 (1:08:55)	2:38 (1:11:33)	5:36 (1:17:09)		3:53 (1:21:02)	3:44 (1:24:46)
	3:30 (1:28:16)	2:20 (1:30:36)	1:53 (1:32:29)	0:56 (1:33:25)			
9.	Morten Hass	OK Sorø	1:35:20	+29:32	02:45		
	2:45 (2:45)	2:26 (5:11)	5:58 (11:09)	3:34 (14:43)		6:51 (21:34)	9:17 (30:51)
	3:06 (33:57)	4:46 (38:43)	7:49 (46:32)	4:51 (51:23)		3:21 (54:44)	3:24 (58:08)
	5:44 (1:03:52)	6:23 (1:10:15)	2:33 (1:12:48)	5:30 (1:18:18)		4:15 (1:22:33)	4:29 (1:27:02)
	3:34 (1:30:36)	2:06 (1:32:42)	1:49 (1:34:31)	0:49 (1:35:20)			