

# Resultater – VTR Kulsbjerg 14-01-24

2024-01-14

Grøn D		(1 / 1)	Tid	Efter	Tidstab		
1.	Viktorija Argjahøvda	OK Sorø	20:29		00:00		
	0:54 (0:54)	0:58 (1:52)	1:53 (3:45)	2:19 (6:04)	0:36 (6:40)		2:46 (9:26)
	2:40 (12:06)	0:41 (12:47)	2:45 (15:32)	4:01 (19:33)	0:56 (20:29)		
Grøn H		(3 / 3)	Tid	Efter	Tidstab		
1.	Magnus Jørgensen	OK Sorø	30:12		00:48		
	1:28 (1:28)	1:38 (3:06)	2:35 (5:41)	3:12 (8:53)	1:05 (9:58)		4:27 (14:25)
	3:58 (18:23)	1:24 (19:47)	4:17 (24:04)	5:15 (29:19)	0:53 (30:12)		
2.	Fin Jensen	O-63	40:22	+10:10	01:51		
	2:23 (2:23)	2:01 (4:24)	3:07 (7:31)	4:02 (11:33)	1:05 (12:38)		5:39 (18:17)
	4:50 (23:07)	2:07 (25:14)	6:26 (31:40)	7:11 (38:51)	1:31 (40:22)		
	Niels-Henrik Holscher	O-63	(29:22)		00:30		
	1:16 (1:16)	1:24 (2:40)	2:39 (5:19)	2:42 (8:01)	0:50 (8:51)		4:02 (12:53)
	3:56 (16:49)	1:23 (18:12)	4:29 (22:41)	5:48 (28:29)	0:53 (29:22)		
Hvid D		(2 / 2)	Tid	Efter	Tidstab		
1.	Freja Kjeldgaard	Holbæk OK	1:22:43		00:00		
	0:58 (0:58)	2:04 (3:02)	12:54 (15:56)	6:38 (22:34)	1:03 (23:37)		3:05 (26:42)
	6:09 (32:51)	7:03 (39:54)	1:22 (41:16)	9:21 (50:37)	18:33 (1:09:10)		9:39 (1:18:49)
	3:01 (1:21:50)	0:53 (1:22:43)					
2.	Tilde Kjeldgaard	Holbæk OK	1:23:13	+0:30	00:00		
	1:22 (1:22)	1:36 (2:58)	12:57 (15:55)	6:20 (22:15)	1:24 (23:39)		3:13 (26:52)
	5:39 (32:31)	7:19 (39:50)	1:27 (41:17)	9:38 (50:55)	18:13 (1:09:08)		9:50 (1:18:58)
	2:56 (1:21:54)	1:19 (1:23:13)					
Hvid H		(6 / 6)	Tid	Efter	Tidstab		
1.	Caspian Bo Christensen	Holbæk OK	45:09		03:59		
	1:15 (1:15)	1:40 (2:55)	5:25 (8:20)	3:53 (12:13)	1:57 (14:10)		2:12 (16:22)
	5:05 (21:27)	2:46 (24:13)	1:02 (25:15)	4:34 (29:49)	8:21 (38:10)		4:14 (42:24)
	1:59 (44:23)	0:46 (45:09)					
2.	Stig Christensen	Holbæk OK	47:29	+2:20	04:19		
	1:17 (1:17)	2:22 (3:39)	4:29 (8:08)	2:56 (11:04)	0:57 (12:01)		1:58 (13:59)
	4:23 (18:22)	2:12 (20:34)	2:07 (22:41)	5:37 (28:18)	10:27 (38:45)		5:17 (44:02)
	2:47 (46:49)	0:40 (47:29)					
3.	Peter Bjørn Jensen	O-63	1:04:25	+19:16	06:30		
	2:41 (2:41)	2:09 (4:50)	7:32 (12:22)	5:23 (17:45)	2:02 (19:47)		3:44 (23:31)
	4:31 (28:02)	3:30 (31:32)	2:22 (33:54)	6:27 (40:21)	11:49 (52:10)		7:45 (59:55)
	3:04 (1:02:59)	1:26 (1:04:25)					
4.	Oskar Kjeldgaard	Holbæk OK	1:22:39	+37:30	16:04		
	0:57 (0:57)	2:01 (2:58)	12:43 (15:41)	6:47 (22:28)	1:08 (23:36)		3:00 (26:36)
	6:11 (32:47)	3:22 (36:09)	4:52 (41:01)	9:42 (50:43)	18:05 (1:08:48)		9:53 (1:18:41)
	3:09 (1:21:50)	0:49 (1:22:39)					
5.	Anton Kjeldgaard	Holbæk OK	3:59:09	+194:00	13:15		
	– (2:37:19)	1:52 (2:39:11)	13:02 (2:52:13)	6:14 (2:58:27)	1:28 (2:59:55)		3:16 (3:03:11)
	5:30 (3:08:41)	4:00 (3:12:41)	4:45 (3:17:26)	10:22 (3:27:48)	17:28 (3:45:16)		9:59 (3:55:15)
	2:47 (3:58:02)	1:07 (3:59:09)					
	Knud Madsen	OK Sorø	(57:24)	+12:15	04:01		
	2:09 (2:09)	1:36 (3:45)	5:43 (9:28)	4:25 (13:53)	1:25 (15:18)		2:56 (18:14)
	4:10 (22:24)	3:17 (25:41)	2:01 (27:42)	7:10 (34:52)	11:23 (46:15)		7:04 (53:19)
	2:35 (55:54)	1:30 (57:24)					
Gul D		(1 / 1)	Tid	Efter	Tidstab		
1.	Jeanette Bjerborg	Køge OK	1:39:25		00:00		
	2:13 (2:13)	4:58 (7:11)	3:40 (10:51)	2:15 (13:06)	5:48 (18:54)		11:29 (30:23)
	10:20 (40:43)	3:02 (43:45)	14:08 (57:53)	5:47 (1:03:40)	6:41 (1:10:21)		10:01 (1:20:22)
	10:17 (1:30:39)	5:00 (1:35:39)	2:27 (1:38:06)	1:19 (1:39:25)			
Gul H		(2 / 2)	Tid	Efter	Tidstab		
1.	Anders Kjeldgaard	Holbæk OK	1:04:28		00:00		
	1:16 (1:16)	3:25 (4:41)	3:02 (7:43)	3:37 (11:20)	3:24 (14:44)		4:18 (19:02)
	7:31 (26:33)	2:46 (29:19)	6:10 (35:29)	4:36 (40:05)	10:44 (50:49)		4:26 (55:15)
	4:03 (59:18)	3:37 (1:02:55)	1:00 (1:03:55)	0:33 (1:04:28)			
	Christian Mortensen	O-63	Fejlkli				
	1:15 (1:15)	3:30 (4:45)	3:22 (8:07)	4:00 (12:07)	16:45 (28:52)		6:02 (34:54)
	7:01 (41:55)	2:57 (44:52)	– (–)	– (–)	– (–)		– (–)
	– (–)	– (–)	– (1:57:19)	1:22 (1:58:41)			
Mini D -60		(1 / 1)	Tid	Efter	Tidstab		
1.	Hanne Øxenhave	HG	59:01		00:00		
	4:00 (4:00)	3:59 (7:59)	1:47 (9:46)	3:16 (13:02)	5:42 (18:44)		3:17 (22:01)
	5:56 (27:57)	8:28 (36:25)	5:43 (42:08)	9:50 (51:58)	4:44 (56:42)		1:34 (58:16)
	0:45 (59:01)						

<b>Mini D 60+</b>		<b>(4 / 4)</b>		<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Søs Munch Hansen	OK Sorø		45:42		00:00		
	1:35 (1:35)	3:27 (5:02)	1:39 (6:41)		2:30 (9:11)		4:48 (13:59)	4:04 (18:03)
	4:39 (22:42)	6:34 (29:16)	4:41 (33:57)		5:22 (39:19)		3:53 (43:12)	1:42 (44:54)
	0:48 (45:42)							
2.	Hanne Pedersen	OK Roskilde		1:03:21	+17:39	07:31		
	3:50 (3:50)	5:11 (9:01)	2:08 (11:09)		3:48 (14:57)		6:11 (21:08)	3:58 (25:06)
	5:26 (30:32)	7:57 (38:29)	6:35 (45:04)		9:07 (54:11)		5:59 (1:00:10)	2:02 (1:02:12)
	1:09 (1:03:21)							
3.	Annette Petersen	OK Roskilde		1:09:41	+23:59	09:53		
	6:45 (6:45)	4:39 (11:24)	2:12 (13:36)		3:49 (17:25)		6:27 (23:52)	3:56 (27:48)
	9:03 (36:51)	9:12 (46:03)	7:50 (53:53)		7:51 (1:01:44)		5:11 (1:06:55)	1:52 (1:08:47)
	0:54 (1:09:41)							
4.	Susanne Truelsen	HG		1:20:48	+35:06	16:29		
	10:13 (10:13)	5:29 (15:42)	2:38 (18:20)		3:50 (22:10)		9:49 (31:59)	3:58 (35:57)
	6:48 (42:45)	9:44 (52:29)	8:37 (1:01:06)		7:26 (1:08:32)		9:36 (1:18:08)	1:46 (1:19:54)
	0:54 (1:20:48)							

<b>Mini H 60+</b>		<b>(8 / 8)</b>		<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Finn Petersen	OK Roskilde		42:14		01:19		
	1:10 (1:10)	3:34 (4:44)	1:39 (6:23)		2:08 (8:31)		3:49 (12:20)	2:53 (15:13)
	4:43 (19:56)	5:57 (25:53)	4:21 (30:14)		6:11 (36:25)		3:29 (39:54)	1:37 (41:31)
	0:43 (42:14)							
2.	Karsten Richardt	Køge OK		47:28	+5:14	01:51		
	1:19 (1:19)	3:39 (4:58)	1:50 (6:48)		3:01 (9:49)		4:58 (14:47)	3:21 (18:08)
	4:45 (22:53)	6:44 (29:37)	5:28 (35:05)		5:38 (40:43)		4:30 (45:13)	1:36 (46:49)
	0:39 (47:28)							
3.	John Tripax	OK Roskilde		47:58	+5:44	05:21		
	1:04 (1:04)	3:34 (4:38)	1:35 (6:13)		4:24 (10:37)		4:10 (14:47)	2:52 (17:39)
	7:06 (24:45)	7:44 (32:29)	4:26 (36:55)		4:43 (41:38)		3:55 (45:33)	1:26 (46:59)
	0:59 (47:58)							
4.	Jørgen Jørgensen	OK Sorø		52:30	+10:16	02:28		
	2:43 (2:43)	4:14 (6:57)	1:51 (8:48)		3:15 (12:03)		5:18 (17:21)	3:45 (21:06)
	5:30 (26:36)	7:10 (33:46)	5:44 (39:30)		5:47 (45:17)		4:31 (49:48)	1:48 (51:36)
	0:54 (52:30)							
5.	Tage Ebbensgaard	Køge OK		54:08	+11:54	06:23		
	5:25 (5:25)	4:02 (9:27)	1:54 (11:21)		2:52 (14:13)		4:45 (18:58)	4:04 (23:02)
	6:53 (29:55)	6:29 (36:24)	5:12 (41:36)		5:36 (47:12)		4:27 (51:39)	1:38 (53:17)
	0:51 (54:08)							
6.	Johnny Hansen Boonserm	Holbæk OK		56:03	+13:49	08:50		
	1:16 (1:16)	3:47 (5:03)	1:30 (6:33)		3:47 (10:20)		5:01 (15:21)	3:15 (18:36)
	5:07 (23:43)	15:09 (38:52)	5:12 (44:04)		5:16 (49:20)		3:55 (53:15)	1:56 (55:11)
	0:52 (56:03)							
7.	Lars Olsen	OK Roskilde		1:18:02	+35:48	08:51		
	7:51 (7:51)	5:47 (13:38)	2:50 (16:28)		4:54 (21:22)		7:29 (28:51)	4:52 (33:43)
	7:23 (41:06)	9:19 (50:25)	8:21 (58:46)		8:29 (1:07:15)		6:24 (1:13:39)	2:54 (1:16:33)
	1:29 (1:18:02)							
8.	Mogens Jensen	Holbæk OK		1:21:03	+38:49	14:17		
	1:57 (1:57)	4:43 (6:40)	2:10 (8:50)		3:54 (12:44)		6:28 (19:12)	4:19 (23:31)
	15:30 (39:01)	9:37 (48:38)	7:35 (56:13)		13:06 (1:09:19)		7:45 (1:17:04)	2:35 (1:19:39)
	1:24 (1:21:03)							

<b>Kort D -60</b>		<b>(6 / 6)</b>		<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Nina Hoffmann	OK Sorø		46:21		01:05		
	3:18 (3:18)	3:15 (6:33)	3:31 (10:04)		3:27 (13:31)		6:23 (19:54)	2:49 (22:43)
	5:40 (28:23)	2:53 (31:16)	5:04 (36:20)		3:58 (40:18)		1:27 (41:45)	2:47 (44:32)
	1:15 (45:47)	0:34 (46:21)						
2.	Birgit Børsting	Herlufsholm OK		51:22	+5:01	02:08		
	3:30 (3:30)	4:00 (7:30)	3:51 (11:21)		3:28 (14:49)		7:55 (22:44)	3:48 (26:32)
	6:50 (33:22)	2:50 (36:12)	4:09 (40:21)		4:36 (44:57)		1:36 (46:33)	2:54 (49:27)
	1:16 (50:43)	0:39 (51:22)						
3.	Astrid Riis	Holbæk OK		54:10	+7:49	05:14		
	3:20 (3:20)	3:39 (6:59)	3:44 (10:43)		3:55 (14:38)		7:38 (22:16)	5:52 (28:08)
	6:02 (34:10)	5:26 (39:36)	3:59 (43:35)		3:50 (47:25)		1:37 (49:02)	2:58 (52:00)
	1:25 (53:25)	0:45 (54:10)						
4.	Henriette Hansen	Herlufsholm OK		55:12	+8:51	01:43		
	4:48 (4:48)	4:22 (9:10)	4:27 (13:37)		3:55 (17:32)		7:04 (24:36)	3:16 (27:52)
	7:10 (35:02)	3:14 (38:16)	4:35 (42:51)		4:23 (47:14)		1:51 (49:05)	3:56 (53:01)
	1:29 (54:30)	0:42 (55:12)						
5.	Pernille Buchwald	Holbæk OK		1:04:39	+18:18	11:05		
	3:50 (3:50)	7:12 (11:02)	4:01 (15:03)		3:17 (18:20)		11:44 (30:04)	2:54 (32:58)
	8:26 (41:24)	5:36 (47:00)	4:31 (51:31)		5:11 (56:42)		1:47 (58:29)	4:15 (1:02:44)
	1:13 (1:03:57)	0:42 (1:04:39)						
6.	Maja Maria Zwolinska	OK Sorø		1:28:07	+41:46	25:52		
	4:52 (4:52)	5:06 (9:58)	4:48 (14:46)		4:13 (18:59)		10:19 (29:18)	22:35 (51:53)
	7:16 (59:09)	10:23 (1:09:32)	4:54 (1:14:26)		5:41 (1:20:07)		1:53 (1:22:00)	4:02 (1:26:02)
	1:18 (1:27:20)	0:47 (1:28:07)						

<b>Kort H -60</b>		<b>(2 / 2)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Jan Koue Larsen	OK Sorø	48:01		04:15		
	4:12 (4:12)	3:41 (7:53)	3:32 (11:25)	3:08 (14:33)		5:27 (20:00)	3:32 (23:32)
	6:33 (30:05)	2:55 (33:00)	4:50 (37:50)	3:33 (41:23)		1:39 (43:02)	3:08 (46:10)
	1:14 (47:24)	0:37 (48:01)					
2.	Bjørn Haldur	O-63	53:43	+5:42	10:42		
	2:56 (2:56)	3:56 (6:52)	3:32 (10:24)	2:37 (13:01)		15:07 (28:08)	5:02 (33:10)
	6:17 (39:27)	1:56 (41:23)	3:26 (44:49)	3:42 (48:31)		1:39 (50:10)	2:06 (52:16)
	0:56 (53:12)	0:31 (53:43)					
<b>Kort D 60+</b>		<b>(1 / 1)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Pia Kadziola	Maribo OK	1:03:59		00:00		
	4:08 (4:08)	4:33 (8:41)	4:48 (13:29)	4:11 (17:40)		8:29 (26:09)	4:47 (30:56)
	10:27 (41:23)	3:25 (44:48)	5:17 (50:05)	5:42 (55:47)		2:15 (58:02)	3:44 (1:01:46)
	1:29 (1:03:15)	0:44 (1:03:59)					
<b>Kort H 60+</b>		<b>(6 / 6)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Gunnar Grue-Sørensen	Køge OK	47:10		00:00		
	3:33 (3:33)	3:49 (7:22)	3:50 (11:12)	3:18 (14:30)		6:38 (21:08)	2:53 (24:01)
	5:37 (29:38)	2:57 (32:35)	3:56 (36:31)	3:50 (40:21)		1:32 (41:53)	3:03 (44:56)
	1:35 (46:31)	0:39 (47:10)					
2.	Morten Jensen	OK Roskilde	53:45	+6:35	02:47		
	4:36 (4:36)	3:59 (8:35)	3:52 (12:27)	3:17 (15:44)		6:52 (22:36)	2:56 (25:32)
	9:31 (35:03)	3:24 (38:27)	4:14 (42:41)	4:18 (46:59)		1:35 (48:34)	3:09 (51:43)
	1:23 (53:06)	0:39 (53:45)					
3.	Jan Truelsen	HG	1:03:28	+16:18	05:06		
	5:19 (5:19)	4:17 (9:36)	4:31 (14:07)	5:17 (19:24)		8:08 (27:32)	4:00 (31:32)
	11:28 (43:00)	3:19 (46:19)	4:54 (51:13)	4:50 (56:03)		1:57 (58:00)	3:13 (1:01:13)
	1:29 (1:02:42)	0:46 (1:03:28)					
4.	Ebbe Kajberg	OK Sorø	1:07:39	+20:29	06:23		
	5:51 (5:51)	4:58 (10:49)	5:30 (16:19)	4:04 (20:23)		8:52 (29:15)	7:21 (36:36)
	7:25 (44:01)	5:16 (49:17)	4:42 (53:59)	5:25 (59:24)		2:03 (1:01:27)	3:36 (1:05:03)
	1:42 (1:06:45)	0:54 (1:07:39)					
5.	Kim Møller	Køge OK	1:31:46	+44:36	00:00		
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (1:31:46)					
6.	Ib Larsen	Hvalsø OK	1:34:53	+47:43	19:42		
	5:51 (5:51)	6:23 (12:14)	6:02 (18:16)	5:10 (23:26)		11:43 (35:09)	19:05 (54:14)
	7:47 (1:02:01)	5:11 (1:07:12)	7:15 (1:14:27)	6:57 (1:21:24)		5:39 (1:27:03)	4:58 (1:32:01)
	2:03 (1:34:04)	0:49 (1:34:53)					
<b>Mellem D</b>		<b>(4 / 4)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Hanne Fogh	OK Sorø	58:20		00:00		
	3:33 (3:33)	2:47 (6:20)	2:00 (8:20)	3:09 (11:29)		2:59 (14:28)	6:02 (20:30)
	2:38 (23:08)	4:13 (27:21)	2:21 (29:42)	3:44 (33:26)		2:15 (35:41)	3:53 (39:34)
	2:08 (41:42)	3:25 (45:07)	5:13 (50:20)	3:23 (53:43)		2:46 (56:29)	1:13 (57:42)
	0:38 (58:20)						
2.	Jette Grimstrup	Køge OK	1:15:26	+17:06	02:30		
	4:17 (4:17)	3:44 (8:01)	2:32 (10:33)	4:04 (14:37)		3:20 (17:57)	8:02 (25:59)
	3:22 (29:21)	6:34 (35:55)	3:11 (39:06)	4:44 (43:50)		2:34 (46:24)	5:55 (52:19)
	2:38 (54:57)	4:27 (59:24)	5:56 (1:05:20)	4:48 (1:10:08)		3:15 (1:13:23)	1:19 (1:14:42)
	0:44 (1:15:26)						
3.	Jane Sørensen	PI-København	1:26:05	+27:45	10:54		
	4:26 (4:26)	3:59 (8:25)	4:57 (13:22)	4:37 (17:59)		3:48 (21:47)	13:21 (35:08)
	3:28 (38:36)	5:18 (43:54)	3:20 (47:14)	4:32 (51:46)		2:20 (54:06)	4:34 (58:40)
	2:35 (1:01:15)	4:26 (1:05:41)	7:02 (1:12:43)	5:41 (1:18:24)		5:29 (1:23:53)	1:26 (1:25:19)
	0:46 (1:26:05)						
4.	Merete Kleist	OK Sorø	2:03:46	+65:26	35:27		
	6:11 (6:11)	7:40 (13:51)	2:55 (16:46)	4:43 (21:29)		3:40 (25:09)	33:43 (58:52)
	12:07 (1:10:59)	7:28 (1:18:27)	3:47 (1:22:14)	4:41 (1:26:55)		2:39 (1:29:34)	6:26 (1:36:00)
	2:51 (1:38:51)	5:18 (1:44:09)	8:34 (1:52:43)	4:29 (1:57:12)		4:23 (2:01:35)	1:25 (2:03:00)
	0:46 (2:03:46)						
<b>Mellem H</b>		<b>(10 / 10)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Jan Holdensgaard Jørgensen	OK Sorø	56:05		00:34		
	3:25 (3:25)	2:33 (5:58)	1:58 (7:56)	3:20 (11:16)		2:47 (14:03)	5:31 (19:34)
	2:42 (22:16)	4:10 (26:26)	2:19 (28:45)	3:42 (32:27)		1:48 (34:15)	3:56 (38:11)
	2:04 (40:15)	3:06 (43:21)	4:55 (48:16)	3:39 (51:55)		2:31 (54:26)	1:03 (55:29)
	0:36 (56:05)						
2.	Martin Petersen	Holbæk OK	56:18	+0:13	00:49		
	3:59 (3:59)	2:41 (6:40)	2:06 (8:46)	3:12 (11:58)		2:35 (14:33)	5:46 (20:19)
	2:45 (23:04)	4:00 (27:04)	3:05 (30:09)	3:35 (33:44)		1:47 (35:31)	3:59 (39:30)
	1:59 (41:29)	3:09 (44:38)	4:46 (49:24)	2:55 (52:19)		2:22 (54:41)	1:04 (55:45)
	0:33 (56:18)						
3.	Jakob Søndergaard Jensen	OK Roskilde	56:24	+0:19	00:39		
	3:32 (3:32)	2:20 (5:52)	2:25 (8:17)	3:09 (11:26)		2:47 (14:13)	5:34 (19:47)
	2:57 (22:44)	4:00 (26:44)	2:10 (28:54)	3:36 (32:30)		2:04 (34:34)	3:32 (38:06)
	1:57 (40:03)	3:26 (43:29)	5:12 (48:41)	3:06 (51:47)		2:59 (54:46)	1:05 (55:51)
	0:33 (56:24)						

4.	Jørgen Krogh	OK Roskilde	59:38	+3:33	02:16		
	5:11 (5:11)	2:43 (7:54)	2:51 (10:45)	3:48 (14:33)	2:54 (17:27)	5:35 (23:02)	
	2:44 (25:46)	4:14 (30:00)	2:28 (32:28)	3:22 (35:50)	1:47 (37:37)	4:12 (41:49)	
	1:54 (43:43)	3:31 (47:14)	4:44 (51:58)	3:30 (55:28)	2:30 (57:58)	1:06 (59:04)	
	0:34 (59:38)						
5.	Asger Reinholdt Christensen	Holbæk OK	1:01:36	+5:31	05:12		
	3:40 (3:40)	2:40 (6:20)	2:11 (8:31)	3:17 (11:48)	2:34 (14:22)	5:44 (20:06)	
	3:23 (23:29)	4:52 (28:21)	2:16 (30:37)	3:51 (34:28)	1:41 (36:09)	3:35 (39:44)	
	2:05 (41:49)	3:11 (45:00)	4:13 (49:13)	4:33 (53:46)	5:45 (59:31)	1:01 (1:00:32)	
	1:04 (1:01:36)						
6.	Søren Madsen	OK Sorø	1:04:11	+8:06	00:00		
	3:47 (3:47)	2:54 (6:41)	2:16 (8:57)	3:39 (12:36)	3:31 (16:07)	6:25 (22:32)	
	3:44 (26:16)	5:04 (31:20)	2:33 (33:53)	3:57 (37:50)	2:06 (39:56)	4:05 (44:01)	
	2:21 (46:22)	3:56 (50:18)	5:01 (55:19)	3:41 (59:00)	3:12 (1:02:12)	1:16 (1:03:28)	
	0:43 (1:04:11)						
7.	Jan Thiesen	Holbæk OK	1:09:15	+13:10	03:10		
	3:35 (3:35)	3:22 (6:57)	2:13 (9:10)	3:32 (12:42)	3:24 (16:06)	7:36 (23:42)	
	2:45 (26:27)	5:10 (31:37)	2:56 (34:33)	4:27 (39:00)	2:17 (41:17)	4:41 (45:58)	
	2:23 (48:21)	4:06 (52:27)	7:11 (59:38)	4:21 (1:03:59)	3:13 (1:07:12)	1:21 (1:08:33)	
	0:42 (1:09:15)						
8.	Kristian K. Hansen	OK Sorø	1:13:07	+17:02	01:33		
	4:02 (4:02)	3:01 (7:03)	2:44 (9:47)	3:54 (13:41)	3:41 (17:22)	7:20 (24:42)	
	3:28 (28:10)	5:51 (34:01)	3:10 (37:11)	4:52 (42:03)	2:35 (44:38)	5:18 (49:56)	
	2:31 (52:27)	4:17 (56:44)	5:35 (1:02:19)	5:28 (1:07:47)	3:13 (1:11:00)	1:25 (1:12:25)	
	0:42 (1:13:07)						
9.	Jesper Børsting	Herlufsholm OK	1:15:12	+19:07	02:51		
	4:43 (4:43)	3:25 (8:08)	2:35 (10:43)	4:10 (14:53)	3:38 (18:31)	7:50 (26:21)	
	4:45 (31:06)	6:10 (37:16)	3:08 (40:24)	4:47 (45:11)	2:19 (47:30)	4:37 (52:07)	
	2:33 (54:40)	4:12 (58:52)	5:21 (1:04:13)	5:03 (1:09:16)	3:46 (1:13:02)	1:27 (1:14:29)	
	0:43 (1:15:12)						
10.	Anders Knudsen	HG	1:15:51	+19:46	06:32		
	5:29 (5:29)	3:03 (8:32)	2:19 (10:51)	3:48 (14:39)	5:28 (20:07)	6:30 (26:37)	
	3:14 (29:51)	5:23 (35:14)	3:13 (38:27)	4:44 (43:11)	2:34 (45:45)	4:27 (50:12)	
	2:18 (52:30)	4:39 (57:09)	7:22 (1:04:31)	5:45 (1:10:16)	3:18 (1:13:34)	1:27 (1:15:01)	
	0:50 (1:15:51)						

Lang D	(2 / 2)	Tid	Efter	Tidstab		
1.	Tine Meyhoff Petersen	Herlufsholm OK	1:58:51		08:33	
	4:04 (4:04)	5:18 (9:22)	2:55 (12:17)	4:34 (16:51)	6:31 (23:22)	4:30 (27:52)
	8:31 (36:23)	6:01 (42:24)	8:23 (50:47)	3:22 (54:09)	2:14 (56:23)	10:53 (1:07:16)
	4:22 (1:11:38)	7:38 (1:19:16)	2:39 (1:21:55)	6:02 (1:27:57)	3:11 (1:31:08)	5:42 (1:36:50)
	9:15 (1:46:05)	5:39 (1:51:44)	4:28 (1:56:12)	1:47 (1:57:59)	0:52 (1:58:51)	
2.	Anette Kalle Larsen	Holbæk OK	2:06:37	+7:46	20:03	
	5:54 (5:54)	6:04 (11:58)	2:15 (14:13)	4:02 (18:15)	7:17 (25:32)	4:48 (30:20)
	12:24 (42:44)	3:59 (46:43)	18:22 (1:05:05)	7:03 (1:12:08)	1:39 (1:13:47)	7:54 (1:21:41)
	3:14 (1:24:55)	5:05 (1:30:00)	2:10 (1:32:10)	4:47 (1:36:57)	2:28 (1:39:25)	4:23 (1:43:48)
	6:50 (1:50:38)	6:26 (1:57:04)	7:29 (2:04:33)	1:21 (2:05:54)	0:43 (2:06:37)	
Lang H	(10 / 10)	Tid	Efter	Tidstab		
1.	Hjalte Hviid Mikkelsen	O-63	54:43		03:12	
	0:57 (0:57)	2:30 (3:27)	1:19 (4:46)	4:06 (8:52)	3:43 (12:35)	2:00 (14:35)
	3:54 (18:29)	1:51 (20:20)	4:24 (24:44)	1:31 (26:15)	1:07 (27:22)	4:19 (31:41)
	1:42 (33:23)	2:43 (36:06)	1:21 (37:27)	2:56 (40:23)	1:46 (42:09)	2:13 (44:22)
	3:01 (47:23)	2:25 (49:48)	3:43 (53:31)	0:45 (54:16)	0:27 (54:43)	
2.	Troels Christiansen	O-63	56:43	+2:00	00:56	
	1:51 (1:51)	2:33 (4:24)	1:38 (6:02)	2:24 (8:26)	4:02 (12:28)	2:06 (14:34)
	3:58 (18:32)	1:58 (20:30)	4:31 (25:01)	1:44 (26:45)	1:18 (28:03)	4:45 (32:48)
	2:21 (35:09)	2:53 (38:02)	1:29 (39:31)	2:56 (42:27)	1:37 (44:04)	2:44 (46:48)
	3:30 (50:18)	2:57 (53:15)	2:04 (55:19)	0:54 (56:13)	0:30 (56:43)	
3.	Kåre Sørensen	OK Sorø	1:04:38	+9:55	02:21	
	0:51 (0:51)	3:13 (4:04)	1:59 (6:03)	2:45 (8:48)	5:31 (14:19)	2:37 (16:56)
	5:06 (22:02)	2:38 (24:40)	5:00 (29:40)	2:04 (31:44)	1:30 (33:14)	5:11 (38:25)
	2:55 (41:20)	3:12 (44:32)	1:37 (46:09)	3:11 (49:20)	1:49 (51:09)	2:51 (54:00)
	3:45 (57:45)	2:51 (1:00:36)	2:24 (1:03:00)	1:04 (1:04:04)	0:34 (1:04:38)	
4.	Jens Jørgen Hansen	HAGI	1:11:16	+16:33	00:42	
	1:01 (1:01)	3:35 (4:36)	1:56 (6:32)	3:51 (10:23)	4:57 (15:20)	2:28 (17:48)
	5:43 (23:31)	2:33 (26:04)	5:40 (31:44)	2:10 (33:54)	1:37 (35:31)	5:44 (41:15)
	2:40 (43:55)	3:41 (47:36)	1:58 (49:34)	3:46 (53:20)	1:58 (55:18)	3:46 (59:04)
	4:29 (1:03:33)	3:23 (1:06:56)	2:35 (1:09:31)	1:13 (1:10:44)	0:32 (1:11:16)	
5.	Peter Karberg	Herlufsholm OK	1:24:37	+29:54	06:49	
	4:26 (4:26)	4:51 (9:17)	2:35 (11:52)	3:12 (15:04)	5:11 (20:15)	3:20 (23:35)
	6:09 (29:44)	3:10 (32:54)	6:34 (39:28)	2:34 (42:02)	1:34 (43:36)	7:31 (51:07)
	2:33 (53:40)	4:37 (58:17)	2:04 (1:00:21)	3:54 (1:04:15)	2:14 (1:06:29)	4:50 (1:11:19)
	4:44 (1:16:03)	3:45 (1:19:48)	3:05 (1:22:53)	1:08 (1:24:01)	0:36 (1:24:37)	
6.	Arne Kristensen	Herlufsholm OK	1:25:21	+30:38	15:12	
	2:14 (2:14)	3:19 (5:33)	1:52 (7:25)	3:02 (10:27)	17:07 (27:34)	2:47 (30:21)
	6:31 (36:52)	3:12 (40:04)	5:46 (45:50)	2:26 (48:16)	1:29 (49:45)	5:22 (55:07)
	2:43 (57:50)	3:20 (1:01:10)	1:44 (1:02:54)	3:37 (1:06:31)	1:55 (1:08:26)	3:30 (1:11:56)
	4:34 (1:16:30)	3:59 (1:20:29)	3:05 (1:23:34)	1:08 (1:24:42)	0:39 (1:25:21)	
7.	Lars Sharpa a Argjahøvda	OK Sorø	1:29:44	+35:01	18:15	

1:32 (1:32)	5:39 (7:11)	2:02 (9:13)	2:48 (12:01)	18:40 (30:41)	2:50 (33:31)
4:56 (38:27)	2:25 (40:52)	5:31 (46:23)	2:10 (48:33)	1:30 (50:03)	5:27 (55:30)
2:38 (58:08)	4:10 (1:02:18)	1:53 (1:04:11)	3:55 (1:08:06)	2:23 (1:10:29)	3:29 (1:13:58)
4:42 (1:18:40)	3:48 (1:22:28)	5:38 (1:28:06)	1:05 (1:29:11)	0:33 (1:29:44)	
8. Bjark Bo Christensen	Holbæk OK		1:30:49	+36:06	07:16
3:28 (3:28)	3:40 (7:08)	2:20 (9:28)	3:35 (13:03)	9:04 (22:07)	3:56 (26:03)
6:29 (32:32)	3:19 (35:51)	6:28 (42:19)	2:35 (44:54)	1:52 (46:46)	7:15 (54:01)
3:29 (57:30)	4:35 (1:02:05)	2:41 (1:04:46)	4:30 (1:09:16)	2:19 (1:11:35)	5:46 (1:17:21)
5:10 (1:22:31)	3:38 (1:26:09)	2:53 (1:29:02)	1:12 (1:30:14)	0:35 (1:30:49)	
9. August Birckler	O-63		1:38:34	+43:51	06:07
3:26 (3:26)	4:55 (8:21)	3:01 (11:22)	4:11 (15:33)	6:29 (22:02)	4:32 (26:34)
7:19 (33:53)	4:19 (38:12)	7:54 (46:06)	3:07 (49:13)	2:34 (51:47)	8:27 (1:00:14)
3:24 (1:03:38)	4:13 (1:07:51)	2:22 (1:10:13)	4:52 (1:15:05)	2:55 (1:18:00)	4:35 (1:22:35)
7:25 (1:30:00)	3:37 (1:33:37)	3:23 (1:37:00)	0:52 (1:37:52)	0:42 (1:38:34)	
10. Johan Søderlund	O-63		2:11:21	+76:38	20:00
3:31 (3:31)	4:55 (8:26)	3:01 (11:27)	4:14 (15:41)	6:21 (22:02)	4:38 (26:40)
7:19 (33:59)	4:13 (38:12)	8:01 (46:13)	3:08 (49:21)	2:36 (51:57)	10:16 (1:02:13)
5:45 (1:07:58)	8:50 (1:16:48)	3:56 (1:20:44)	10:15 (1:30:59)	3:49 (1:34:48)	6:50 (1:41:38)
9:23 (1:51:01)	11:11 (2:02:12)	4:58 (2:07:10)	2:36 (2:09:46)	1:35 (2:11:21)	